



तमसो मा ज्योतिर्गमय

# SCINDIA KANYA VIDYALAYA

E-NEWSLETTER - September 2019

## Message from President Board of Governors



*I am very happy to learn about the expedition to Mt Killimanjaro that was successfully undertaken by 17 students and 2 staff members of SKV. I congratulate them on this impressive feat achieved by the girls at such a young age. Facing challenges with courage is one of the most important life-lessons that schooling at SKV stands for. I also congratulate the Principal, Mrs Nishi Misra for the well-deserved CBSE national Award. It is a recognition of her hard work that is clear to see in the growth of our school. The Board of Governors and I heartily congratulate her on this milestone achievement of her career.*

*H.H Shrimant Rajmata Madhavi Raje Scindia  
President Board of Governors*

## Message from Principal



*September 2019 has perhaps been the most "happening" September in the history of SKV ! In this month SKV gave a rousing salute to our Founder, Rajmata Vijaya Raje Scindia, whose 100th birth anniversary we celebrate this October. In a hat-trick of firsts in the history of our school, Zoya Rakeshi performed her Arangetram; a team of 17 girls and 2 teachers summited Mount Kilimanjaro; and I became the first Principal of SKV to receive the prestigious CBSE Award !*

*I bow with humility and gratitude for all the encouragement and appreciation of our President, Rajmata Shrimant Madhavi Raje Scindia and all the Board members. We warmly thank all the well-wishers of SKV for the voluminous good wishes that have been pouring in to encourage and bless our endeavours. Together, we rise to salute the Spirit of SKV !*

*Mrs. Nishi Misra  
Principal*

## CBSE Teachers Award



Scindia Kanya Vidyalaya Gwalior is proud to announce that our principal, Mrs Nishi Misra, received the prestigious "Cbse Teachers Award" in the category of principals, on 12th september, 2019. The award was presented by Union Minister for Human Resource Development, Shri Ramesh Pokhriyal and Minister of State, Shri Sanjay Dhotre. The Chairperson CBSE, Smt Anita Karwal and Secretary CBSE, Shri

Anurag Tripathi were present at the ceremony hosted by Central Board of Secondary Education at Pravasi Bhartiya Kendra, Rizal Marg Chanakyapuri, New Delhi. The rigorous 3-stage process of selection is a new initiative by the board for greater transparency and high standards of selection. Out of 15 lac teachers of 22000 CBSE schools, a maximum of 60 selections could be made, but only 29 teachers and 5 principals made the cut. Mrs Nishi Misra is the only recipient of the award in Madhya Pradesh and the first principal at SKV to receive the prestigious award. Speaking to the school, Mrs Misra said, " so far it was the students who won awards. Now even the principal has got one for the school! " she specially added that she is humbled by the honour and dedicated the award to her students, past and present. She hoped that it will inspire more teachers at SKV to aspire for this achievement.

## Zoya's Aranjtram



Tireless practices, sincere dedication and efforts finally culminated in Zoya Rakeshi's Aranjtram performance on 7th September 2019 at SKV. Zoya, a student of Grade X, had been learning Bharatanatyam for 3.5 years from her dance teacher Mrs. Kavita Pillai at SKV. In her Aranjtram debut on-stage performance as a Bharatnatyam

dancer, Zoya performed Pushpanjali, Alaripu, Jatiswaram, Shabdham, Varnam, Kirthnam, Varnam, Nrithyati, Thilana and Mangalam, in different Raagam and Taalam. The musicians - Smt. Vidya Srinivasan- Vocalist, Shri. Dinesh Kumar-Mridangam, Shri. Vibhash Ranade-Violin, Shri. Alap-Flute, Gurushri Jignesh Surani and Guru Kavita



Pillai -accompanied and supported her during the program. The chief guest for the event was Padmashri awardee Smt. Geeta Chandran, an exponent of Bharatnatyam dance, a choreographer, and the Director of Natya Vriksha, Delhi. She has showered her blessings on every student of classical dance from SKV. We all commend and congratulate Zoya and her entire team for giving such a graceful and brilliant performance.

## Kilimanjaro Expedition



17 students and 2 staff brought glory to Scindia Kanya Vidyalaya by successfully summiting Mount Kilimanjaro, Tanzania in East Africa. The all-girls expedition of 15 to 17 year old students was organised by Scindia Kanya Vidyalaya Gwalior as a part of their adventure sports to commemorate the Birth Centenary Year of their Founder, Rajmata Vijaya Raje Scindia. Students qualified all the test conducted in SKV for the selection of final team as the

school drew an ambitious plan for an expedition to Mount Kilimanjaro and invited voluntary participation for the same. This was followed by a rigorous training session for subsequent three months to prepare and condition the team members mentally as well as physically to enjoy in the difficult terrain during the Mountaineering expedition the session also included the basic Fitness training required for Mountaineering. The team left Gwalior on September 5th for the 12 day trip to South Africa including the seven days trekking expedition. The expedition commenced on September 7 and reached Mti Mkubwa Camp 2780 m height after an arduous forest trek of 7 kilometers. Their expedition continued on the next day and moved through Shira Ridge, Shira Plateau and reached at Shira camp 3900m after trekking for about 14 kilometers. The third day trek was for about 8 km and reached Barranco Camp 3960m for night halt. The team crossed the Alpine desert zone and climbed Barranco (steep wall) and trekking was for almost 6 km on the fourth day with night Camp at Karanga 4035m. On the fifth day there was a short trek on steep areas over rocky slabs through the Alpine deserts and finally climbed to the height of 4650m. The night halt was at Barafu camp. Around midnight they started for the submit to Stella point 5740m and then continued to Uhuru peak 5895m, the highest point of the expedition. They had to trek for almost for 14 hours to cover the distance of 19 km in that difficult hilly Terrain on the 6th day. Thereafter the team descend via Barafu Camp site. The team continued their descent on the 7th day, trekking 10 Kilometers for 4 hours through the forest zone of Mountain to Macka Gate 1680m. They drove to Moshi from there and finally few back to India after some scheduled sightseeing on the next day. The expedition members were: Student Members Priya Gupta class 11 Khushi Agarwal Class 11 Isha Khan Class 9 Inayat Sood Class 9 Somya Singh Class 11 Jahnvi Khemka Class 12 Trisha Agarwal Class 11 Shreya Singh Class 11 Priyanka Tomar Class 11 Ahana Trivedi class 11 Aniben Rai Class 9 Seyra Meyto Class 9 Akansha Singh Class 9 Saivira Gupta Class 9 Kritika Choudhury Class 9 P. Arpita Class 9 Riya Kalani Class 12 Staff Members Ms. Suman Yadav Mr. Vinay Rathore This is the first all-girls expedition of this size in age group 15-17 years from the region to have successfully completed an expedition to Mt Kilimanjaro .

## INTER HOUSE COMPETITION

### Inter House Western Instrumental Solo Competition

An Inter-House Western Instrumental Solo event was held on the 16th of September 2019 where the participants has to prepare on their own pieces of music on various instruments, such as keyboards, guitars, drums, etc. with the help of specified musical notations. Namami Maheshwari of Usha House secured the first position for a composition on the drums.

### Inter House Line Work



On 9th of September 2019, the Art Department of the school organised an Inter House Line Work in which two girls from each house participated. Merely using a black pen, the participants had to depict various water creatures through various patterns and lines.

### Inter-House Western Instrumental Solo

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### Inter house Indian instrumental music competition



The inter-house Indian instrumental music competition took place on 9th September 2019. Raag Miya Malhar, Raag Kafi and Raag Misra Bihaar were performed beautifully with the synchronized sound of violins, sitars, tablas and congos creating beautiful melodies. Yashodhara House stood 1st closely followed by Vasundhara House and Usha House in the 2nd and 3rd. positions.

### Inter house Comic Strip Competition

On 9th September, eight students participated in an Inter house comic strip competition. There were two participants from each house who were required to work in pairs. The contestants had to use their imaginative skills in conceiving and draw comic strips. The judging criteria were storyline, creativity, alignment, neatness, and scenario. Yashodhara House got the first position, while the second and third positions were bagged by Vasundhara House and Usha House respectively.

### Inter-House Computer Quiz

The Inter-House Computer Quiz was held on 9th September 2019 in which 10 girls participated from each house. It was a written quiz where the participants were tested on their basic knowledge about the world of technology. New categories of questions like crypto pictures, guess the logos and fill in the gaps made this quiz more tough but interesting. The standards were high and the results were quite promising.



*The SKV community came together on 2<sup>nd</sup> September to celebrate Ganesh Chaturthi. The Indian choir led the assembled in songs of praise and worship. An idol of Lord Ganesha was beautifully decorated with flowers, sweets and the auspicious “diya”.*

## Film Making Workshop

On 1st September, 2019, 28 students participated in a film making workshop organized by filmmaker Ms. Rima Chibb. The



workshop was divided into four stages. In the first stage, students enhanced their aesthetic senses by honing their creative expression. The second stage involved understanding film genres, practicing creative writing, visual storytelling and developing script and storyboards. They also learn about selecting character and location and conducting shooting. The third stage was the understanding of editing techniques, learning how to use editing software, applying background music, creating graphics, titles and posters. The workshop which stretched over many days, provided the participants with a hands-on introduction to the exciting world of film making

## Regional Round Square Conference

On 7th of September, 2019, five students attended the regional Round Square conference held at the Sanskar Valley School, Bhopal. The theme of the conference was "nothing changes if nothing changes". The



The conference commenced with the opening ceremony along with a cultural performance by the host school. The first keynote speaker of the conference was Mr. Jeronimo Almeida, who urged each one of us to believe in ourselves and to look deep into our inner potentials. We were divided into twelve groups, which led to discussions and sharing. The second keynote speaker was Mr. Satyajeeet Bhatkal, C.E.O of the Paani foundation who shared with the delegates the problems faced by people when implementing and adapting to change which was followed by another group session.

In an effort to be in-sync with nature, the 'explore Van Vihar' initiative of the school were appreciated by all participants. The following day we visited the tribal museum, and interacted with the locals. And yes! The lip smacking dinner which was based on the theme Jashn-e-Bharat pleased our palates entirely!

## IPSC Drama fest

On 12th September 2019, nine students escorted by Ms. Vaishali Shrivastava and Mr.



Peter Strange travelled by train to Kathgodam and then up the winding road to Nainital for

the IPSC Drama fest hosted by Birla Vidya Mandir. The students demonstrated their dramatic skills in three events viz. an English play, a Hindi play and an extempore non-verbal enactment, where the topic was given an hour before the event. A total of 11 schools participated in the festival which was non-competitive in nature. However, special citations and trophies were in the offing and the standards were exceptionally high. The English play, scripted by Mr. Strange, centred on Shakespeare and his characters coming to life from the pages of his works, while the Hindi drama was an adaptation of a mythological poem on the Ramayana. The non-verbal act required the performers to represent through mime and body language the concepts of gender stereo-typing, race, nationalism and identity. SKV received the Best Ideation Award for both English and Hindi drama.

## Physics workshop entitled 'SCIENCE IN MY LIFE'

A Physics workshop entitled 'SCIENCE IN MY LIFE' was conducted at SKV on 14th September 2019 for science students of classes XI and XII. The

resource person was Mr. D.P. Sharma. Mr. Sharma is associated with IAPT (Indian association of Physics Teachers). Anveshika is an initiative to create centres in schools and colleges across India, where teachers and students can learn experiment-based Physics and try out their own ideas. There were two sessions. In first session a NAEST (National Anveshika Experimental Test) was conducted. The Second session was an activity based session. After an initial demonstration the students performed different experiments. This experimental workshop enabled the student's to mentally go beyond bookish learning and delve into the real world and relate to their daily lives all that they learn or observe in their experiments.

## CBSE workshop on training for mainstream teachers and professionals



A CBSE workshop on training for mainstream teachers and professionals was organized on the 16th of September at Roshni , Ramkrishna Ashram, Thatipur Gwalior. Two teachers, Mrs.Meenakshi Dixit and Mrs.Preeti Khichi participated from SKV. The resource person was Mrs.Alaukika Rajee Khachnar.

## Single Use Plastic



On 20th of September 2019, SKV organised a short talk for the students of Classes 6 to 8 on the topic 'Single Use Plastic'. In the talk, the students were informed about the harm caused to the environment by plastics and the alternatives that are available. A short

documentary was also shown which emphasised on the harmful use of plastic in our day to day activities. The main aim was to make the children aware about the Government's plan to make India plastic free as soon as possible.

## CBSE organized a master training programme



The CBSE organized a master training programme on Happy Classroom for teachers on 21st Sep 2019 at St. Edmund School, Jawahar Nagar, Jaipur. Ms. Medha Gupta and Ms. Kavita Bisht from SKV attend the workshop. The resource persons were Mr. Rishi Pal and Ms. Monica Mehani. Each participant was given handouts of many activities. Participants in a group had to fill out their responses and then discuss it with members of the other groups. There was animated discussions on topics such as self-management and self-analysis, emotional intelligence, behavior, misbehavior and mindfulness. Listening and discussing with fellow-teachers from all over India along with very experienced workshop facilitator was a very enriching experience.

## Mathematics Quiz



Mathematics is not about numbers, equations, computations, or algorithms: It is about UNDERSTANDING.

Mathematics quiz is an excellent way of analysing how well one understands a subject and correlates theoretical knowledge with its practical application in real life. To promote and encourage a fun way of learning among students, Scindia Kanya Vidyalaya, Gwalior organized a maths quiz on 17th September 2019 for students of grades 9-10. The quiz was conducted in a 1-hour special event where 4 teams with 4 students from each section of grades 9 and 10, participated with much excitement and enthusiasm. The quiz commenced with the explanation of the rules and regulations of the competition to the participants. A total of five rounds were conducted on themes like calculation skills, visuals, aptitude, puzzles and a rapid fire round. Students of grade 10 comprised a vivacious audience for the quiz, adding that element of excitement

5th sep 2019

## Teacher's day celebration



To educate the children about the scientific achievements of India and honour the great Indian Scientists, the entire student and staff body attended the screening of the movie 'Mission Mangal' on September 5th. Following this, a lovely celebration for Teachers Day was organised by the students of grade XII on behalf of the entire student body. Songs, dances, short skits and quiz games for teachers were humorously presented to remind the teachers of how much SKVians value and respect their tireless efforts, endless wisdom, affection and respect that makes them a crucial part of our loving family.

*The service initiative of SKV reached out to flood affected women in Kolhapur. We sent them 2100 sanitary napkins manufactured under Sankalp by our students through AFS.*



## IPSC Yoga competition

Twelve girls escorted by their coach Ms. Arpita Sharma, participated in the IPSC Yoga competition hosted by Mody School, Laxmangarh on September 8th. They participated in the Under-14 and Under-17 categories and performed athletic, artistic and rhythmic styles of yoga. The event proved to be a wonderful learning experience for SKV students with Aashi Singh and Kalpana receiving bronze medals in rhythmic and artistic styles respectively.

## Inter House Athletics Competitions



## Inter-House Choreography Competition

An inter-house choreography competition was held at SKV, on 14th September, 2019.

The topic for the event was didactic-ism through dance, by which the various houses conveyed strong messages through their dances.

The result of the event -

First position - Usha House

Second position - Yashodhara House

Third position - Vasundhara House



## Usha House ENT

Usha ENT was on 8th September. We had a theme of Usha productions and were trying to make a movie with lot of fun. The chief guests for the evening were Ms Mridula and Ms Sucharita. It was ended with a dance party.



## The Punga Tithi of Late 11th Maharaj Madhav Rao Scindia

was performed on 30th September 2019. The puja was held at 9:30am by Principal followed by Vice Principal, staff and students.

## Psycho Olympiad



With a will to learn and put their knowledge to test, eight of our students participated in the Psycho Olympiad held at the National Science Centre, Delhi, conducted by Expressions India. Spread across 2 days, the event consisted of a quiz, eloquence round, utopia round, yuva manch and poster presentation.

## Upcoming events.....

## Founders Sports Day on 11<sup>th</sup> and 12<sup>th</sup> October 2019

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