



# SCINDIA KANYA VIDYALAYA

Top Ranked Girls Boarding School

## FACILITATING A GROWTH- POSITIVE SCHOLASTIC CULTURE



### **Message from the Principal**

*The November spectrum in SKV spread across midterm examinations at one end and celebrations like Constitution Day and Children's Day at the other. Truly, there is never a dull moment in this vibrant community!*

*Read on for a deep dive into our world...*

**Nishi Misra**  
*Principal*



# Three occasions made this month special for SKV

## Children's day ✓

On 14th November, the excitement and anticipation in the school auditorium was palpable as the students, dressed in mufti, took their seats in anticipation of the extravaganza that the staff had in store for them on the occasion of Children's Day. Every effort was made to make the children feel special on their very own day of the year. The variety of acts, ranging from classical music performances to all-out fun and games, clearly demonstrated that there is a child within every adult. Taking note of this, in her address to the student body, the Principal encouraged them to always keep in touch with the child within themselves, no matter how the years go by. After the performances, chocolates were distributed to all the children. The day concluded with a dance party in the evening and a sumptuous open air dinner.



## ◀ Sattvik Lunch

On 12th November, to mark the 155th year anniversary of Guru Nanak's birth, SKVians enjoyed a healthy and mouth-watering 'Sattvik Lunch'. A Sattvic diet is based on foods in Ayurvedic and yogic literature that contain the quality of sattva. Sattvic meals place great emphasis on seasonal foods, fruits, dairy products, nuts, seeds, oil, ripe vegetables, legumes, wholegrains and non-meat based proteins. In keeping with the occasion, a group of eager student-volunteers served the food dressed in Gandhi caps and white shirts



## Indian Constitution Day ✓

*On 26th November, we celebrated the Indian Constitution Day. A special assembly was organised, during which students were educated about the formation of the nation's Constituent Assembly and how its members collaboratively worked to draft one of the finest constitutions in the world.*

*The concept of a living constitution was explained and students were reminded that a constitution, no matter how well conceived, can only establish institutions on paper. Breathing life into it is the responsibility of the citizens, especially the future generations. As part of the celebrations, students and faculty of SKV took a pledge to serve the nation and the people. On 26th November, we celebrated the Indian Constitution Day. A special assembly was organised, during which students were educated about the formation of the nation's Constituent Assembly and how its members collaboratively worked to draft one of the finest constitutions in the world.*



## In addition, several exciting activities were planned for our students



### Yoga Session ^

A yoga workshop was conducted from the 2nd November to 9th November 2019 at SKV. All the classes participated and benefitted from this event.

The workshop had two sessions i.e. morning and evening, which included Om chanting, Pranayam (Bharmari, Anulomeviloma, Kapalbhati), meditation and Asana (posture), which featured the various postures of yoga.



### Self Defence session v

From 21st to 24th November, the fourth and last session of the self-defence workshop for students was conducted by the organization "Safe Campus". Ms. Dipti Shankar and Ms. Shivani Mann taught the juniors self-protection skills. The senior girls learnt the skill of building bridges, of reducing the gap between the genders and overcoming the stereotypical notions that people harbour on this subject.



### Fireless Cooking v

Apparently, there are many talented chefs amongst the SKV students. They love to experiment with various ingredients to concoct gastronomical treats for the taste buds. On November 11th, it was the tiny chefs from Class 6 who came up with a tasty treat in a "fireless cooking" event. They worked together, mixing and blending ingredients together to make delicious Coconut Snowmans out of petha, coconut and condensed milk. The end result was pleasing to both the visual and gustatory senses.

## **AFS Annual Day 2019 >**

*As a member of the AFS Chapter from Gwalior, SKV commemorated AFS Annual Day on 25th November 2019 by organizing a dental check-up for the school support staff in the school infirmary.*

*The check-up was performed by Dr. Rashmi Sukhwani, a dentist from Gwalior, who was assisted by four students of SKV viz.: Aayushika Kalta, Nirya Agarwal, Arshiya Rawal and Aniben Rai, along with two AFS exchange students: Francesca Loria and Pasika Champa. The response from the support staff was remarkable and for many this was the first dental check-up of their lives. They were also offered a personal check-up at the dentist's own clinic.*



## **Yashodhara House Entertainment Night <**

*The entertainment night for Yashodhara House was held on November 30th in the school auditorium. The overarching theme for the evening was "Student of the Year", around which the Yashodhara girls collectively constructed an enjoyable extravaganza.*



*Though "entertainment" was the keynote of the evening, there was an inherent message conveyed to the audience: the distractions of life should not come in the way of true friendship. Such noble sentiments are, indeed, apropos.*

## Visit of Mr. Fazal Rashid from Edible Routes

SKV's stand on organic and sustainable development is well underway with the organic vegetable garden. On 29th November, Mr. Fazal Rashid of Edible Routes visited the school to interact with the students and appreciated the hard work that is being done in the school's organic kitchen garden. It was a fertile interaction – no pun intended!



## Fit India Week



**We celebrated the Fit India school week initiated by CBSE from the 22nd to 28th of November. The first event on the schedule was YOGA for all, where students performed 'Pranayam' and 'Suryanamaskar'. This was followed by an informative and engaging presentation on nutrition by Phd. Scholar Mr. Vijay Rawat, who talked about various aspects of nutrition and calculating Body Mass Index.**

Day 2 of the Fit India week program saw more exciting and rigorous exercises. With freehand exercises conducted for students. An informative session on Sports Psychology was also organised, where Mr. Vikas Singh from Lakshmibai National Institute of Physical Education (LNIPE) spoke to the students about the importance of motivation and strength identification.

Day 3 featured a poster-making competition, where students creatively expressed their ideas on drawing up colourful posters on the theme of "Fit Body, Fit Mind, Fit Environment". On the same day the Class X!! students were assessed on the Khelo India fitness test to track their health and fitness potential.

## Fit India Week



On 26th November 2019, in keeping with the celebration of "Fitness Week", various sessions of Zumba/Aerobics, martial arts (Taekwondo & Karate) and Yoga were held for students of Classes VI to IX and Classes XI & XII. Class VI and VII learned meditation and concentration techniques, while Class VIII learned basic punches and blocks used in Taekwondo. Class IX learned basic punches, kicks and blocks used in Karate. Class XI and XII participated in an energetic session of Zumba and Aerobics.



On the 27th of November, an interactive quiz on sports and fitness was organised for the students. The enthusiastic quizmasters conducted four rounds in total, and the participants from all four houses answered with great aplomb and gusto. The winning house – and the runner up - were awarded with a treat of chocolates. The quiz enhanced the students' knowledge and awareness of the importance and relevance of sports in our lives.

# Promoting the spirit of healthy competition

## **Calendar Cover Page Competition** ✓

*Like the previous years, the inter-house 'design your calendar cover page' competition took place over two days, beginning on the 2nd of November. Two students from each house participated in the competition, demonstrating their skills in capturing spectacular and creative images that will adorn the cover page of the school calendar for the next session.*

*The teacher in-charge was Ms Bela Saxena.*

*The criterion for judging the best submission were:*

*1) Vision 2) Originality 3) Creativity 4) Overall Impact*

## **Photography Competition** ✓



*On 4th November, eight students from various houses participated in an inter-house photography competition. Each participant was given a different theme to photograph, which was decided by lots. The themes were architecture, flower petals, spherical shapes, light, windows, uniforms, water and the sky.*

*The participants employed innovative photographic techniques to produce very interesting pictures.*

## **Hindi Literary Quiz** ✓

Among the various literary based competitions held at SKV, the Hindi Literary Quiz is much anticipated by the students every year. This year, the quiz was held on 19th November for the senior classes. It was an exciting event with eight rounds of questions. All the houses donned on their thinking caps and participated to compete for the top position. The results were as follows: Usha House won the 1st position, Yashodhara House came in 2nd position with Madhavi and Vasundhara House tying for the 3rd position.



## **Inter-house Pottery Competition** ^

An inter-house pottery competition was held in the school on 18th November. Prior to this event, a workshop was conducted for the participants to polish their skills in pottery-making as an art form. At the competition, four teams, composed of two members each, competed with each other over a span of two hours on the generalized theme - 'contemporary'.

It was delightful to observe the creativity and skill displayed by all the participants in this unique art form.

## Science Quiz ✓

An activity based science quiz was conducted on 13th November 2019 for the students of class IX. The quiz comprised two rounds each from physics, chemistry and biology. It was compiled by the concerned subject teachers and the students were asked to write out the answers to the questions given in the questionnaire. It was, indeed, an entertaining brain-teaser for all those involved



## Hindi Kavya Path Competition ✓

An inter class Hindi kavya path competition was conducted on 18th November for classes VI and VII. The topics given were all based on the importance of good moral and human values – such as *ek din hi ji par insan bankar ji* and *hum surakshit nahi agar ghar jal raha*.



## Our girls stood-out in competitions outside of school as well; they won some but had amazing experiences in all.

### **Udbhav Dance Fest** >

The dance students of SKV participated in the UDBHAV DANCE FEST, a high grade dance competition, held from 30th October to 4th November. The school contested in the folk dance category, where the team performed Hariyanvi and Rajasthani Choumasso folk dances. SKV succeeded in being selected for the second round of the competition, and though we did not attain the top prize, the students' performances were well appreciated by all.



### **IPSC Dance Fest** ^

The IPSC Dance Fest of 2019 was organized by RKK Jodhpur School from 9th to 12th November. Thirteen schools participated in the event which comprised four main categories of dance, viz:

1. **Classical Solo Dance**
2. **Ballad - group dance**
3. **Group Folk Dance**
4. **Group Western Dance**

There were an eclectic mix of dances presented by the participating schools. SKV's contributions were highly appreciated and our students won the awards for outstanding performance in the Solo Classical Dance and Ballad categories. It was a wonderful exposure to the exciting world of dance.

## Earth quake tips-quiz ▾

On the 30th of November the students participated in a very interesting quiz, the topic being "earthquake tips". This was organized by IIT Kanpur and held at MITS Gwalior. The SKV team comprising 4 students of Class XI secured the 3rd positions. Besides the prize, they came back with insights that could one day come in use. Well done



## Taekwondo SGFI Nationals ▾

On 31st October 2019, eight students escorted by Mrs Vaishali Shrivastava and Mr Puneet Bharadwaj travelled to Guwahati, Assam to take part in the Taekwondo SGFI Nationals held from 1st to 6th November, 2019. Sneha Patel and Prashanvi Agrawal cleared their Pre-Quarter and Quarter rounds and attained the semi-final position. Deepshika Bhagat did a knock out in her first bout and reached the Pre-Quarters, while Khushi Singhal led in the first round. It was a great platform and all the participating students, including Khushi Singhal, Muskan Arya, Bulbul Narwaiya and Sanila Rai gained experience in taekwondo.



## CBSE Nationals Athletics ▾

The CBSE National Athletics was organised by Allons Public School, Bemetara Chhattisgarh from 26th-30th November. Schools from all over the country were a part of the competition; it even saw some international participants.

SKV Head Girl, Ms. Diki Choden of Class XII represented Madhya Pradesh for U-19 Girls and won a gold medal in Javelin Throw by making the record of 35.90 metres.



## Sahodaya Tournaments ∨



The Sahodaya Football U-19 One-Day Tournament was held on 16th November 2019 at the Army Public School, Morar (Gwalior). Along with the Coach, the contingent from SKV comprised 16 players (which included 5 substitutes).

After the opening ceremony, the tournament got underway with the SKV team performing their best. In the semi-final match against Gwalior Glory High School, the score stood at 7-0 in favour of SKV and the final clash saw SKV with a 2-0 win against Army Public School. The tournament concluded with a closing ceremony and prize distribution. Diki Choden Bhutia was awarded the Best Player of the tournament and Gauri Agarwal, with her hat trick, was declared the Best Scorer of the tournament. Our team bought home the winning trophy.

The Sahodaya Inter-School Basketball Championship, held on 16th November, was hosted by Ebenezer Higher Secondary School, Gwalior. The SKV team enthusiastically competed with the other teams in 3 knock-out matches, with Bhumika Chhetri victoriously securing the winners' trophy.

# Laying the path for achieving excellence in the future

## Max Online Test ✓

Classes VI and VII follow the XSEED curriculum in our school. In addition to this, our school has also opted for the Max program. Max is a digital version of the XSEED program. Max modules are available for English, Mathematics and Science. The modules are shown in class to the students after which they have to fill in the max journals. This year there were two online tests conducted – one on 11th November for class VI and the other on 16th November for class VII.



## College Fair ✓



A College Fair for the students of Classes 11 and 12 was conducted at SKV on 19th November. Various universities such as The Pearl Academy and Royal Roads University were represented at the Fair. Students used this opportunity to visit the stalls and find out about important information such as the courses on offer, the fee structures and the eligibility criteria of institutions. It was an occasion for the students to look ahead to higher studies and career choices.

## Film Launch

The efforts of our filmmakers during a 15-day Film making workshop finally culminated at the World wide launch of #Mystory@SKV on November 29th. The occasion was graced by the presence of Mr. Akhil Bansal, Deputy CEO KPMG India our chief guest, who felicitated the participants.

*Congratulations to the entire team!*



## Talk by Mr. Akhil Bansal,

**Deputy CEO KPMG India**



On 29th November, 2019 Scindia Kanya Vidyalaya welcomed Mr Akhil Bansal who is the CEO of KPMG India. Mr Bansal gave an enriching talk about how careers have emerged today that were never even imagined a few years ago: professions such as “Youtubers” and augmented reality developers.

He briefed the students on the need to acquire the skills to cope with a dynamically evolving job market, where creativity, critical thinking and analytical skills would be required by companies seeking bright young talent. His short visit ended with the SKV Film Launch, after which he acknowledged the achievements of our young creative team and distributed the certificates to the students.

# Industry visits adds a practical perspective to business practices learning from school

## Visit to Kwality Food Products >

On 28th Nov, 2019 the girls of the 8th grade, along with seven escort teachers, visited Kwality Food Products, Maharajpura, Gwalior. This is a unit where confectionaries are manufactured. The unit produces around 300 types of candies and lollipops of various flavours like mango, imli, rose etc.

This visit provided the students with a dynamic hands-on experience that is very crucial to a holistic learning outcome. They were excited to watch the process of their favourite mouth-watering candy being made.



## < Visit to Surya Roshni Ltd.

On November 28th, Class XIC embarked on a field trip to the Malanpur plant of Surya Roshni Ltd. They were escorted by 3 teachers. On arrival at the plant, the HR person led the visitors on a tour of the bulbs and tube lights division to demonstrate how their products are made. The students witnessed the entire manufacturing process, including the methods of quality check and packaging. They also came to learn about the founder Mr. J.P. Agarwal, who is also a great philanthropist. The visitors were briefed on the company's vision and undertakings and had a first-hand experience on the way an organization is run.

### **Visit to Om Smelter Pvt. Ltd. > and Gayatri Auto Industries**



*On 28th November, 2019, the students of class XII C paid a visit to Om Smelter Pvt. Limited Tekanpur, Gwalior.*

*The students observed how iron scrap from households are converted into iron rods through a smelting process. These rods are then used for construction of buildings.*

*The pollution control unit at the factory made the students aware of the socio-economic issues that industries need to observe. They were also informed about the company's employee welfare policies.*

*This excursion also included a visit to Gayatri Auto Industries, Maharajpura, where they were briefed about the importance of auto parts and witnessed the operational activities of the industry. They were informed about the inventory control systems and distribution channels used by the company.*

*It was an enriching experience for the students as it added a practical dimension to the theory that they learn on business practices in school.*

### **Visit to Vikram Woollen Mill >**

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*Visit to Vikram Woollen Mill*

### **Visit to Nagar Nigam Office, Gwalior** ✓

*On 29th November 2019, thirty-four students of Class XII visited the Nagar Nigam Office at Bal Bhawan, Gwalior. They had an interactive session with the Municipal Commissioner, Mr. Sandeep Kumar Mawkin, and his team. This gave the students an insight on how the city administration functions in coordination with all its departments.*



# SKV field trips are culturally-enriched learning experiences

## ***Visit to the Potters' Market in Bhopal***

*The students of Fine Arts and Sculpture visited the Potters' Market in Bhopal. They worked alongside the pottery artists who are veterans in this field like Vipul kumar, Anjani khanna, Zaida Jacob, Pushpneer Jain, Harish Dhawan & Devilal Patidar.*

*They also visited Bharat Bhawan and Museum of Man.*



## ***Visit to Jarga*** ✓

*On November 28th, the Legal Studies and Political Science students of Grade XI visited the village Jarga to enhance their awareness of rustic life. They interacted with little children of a school, narrated stories, sang, danced and played games with them. They performed didactic nukkad natak on dowry, domestic violence, as well as superstitious notions such as black magic and transgender rights. The visit came to a close with the singing of the National Anthem. This informative trip made our girls even more aware of how fulfilling it can be to serve the less fortunate in our society.*



## Visit to Ghariyal Sanctuary, Morena

On 28th of November 2019, a group of 97 students of Classes VI and IX, escorted by 11 teachers, visited "Ghariyal Wild Life Sanctuary" in Deoria district of Morena. It is the only sanctuary in Northern India for the protection of the critically endangered Ghariyal, the red crowned roof turtle and the endangered Ganges River Dolphin.

The organization also develops the public interest in knowing about the life cycle of aquatic creatures. Eco centre Deoria is a part of the National Chambal Sanctuary. Owing to various reasons like climatic change, pollution and poaching, various species of aquatic amphibians are on the brink of extinction. The centre helps in the breeding and rehabilitation of these endangered species. It was a very enriching experience for all.



## Field trip to historical places

A group of 86 students with 7 escort teachers went on a field trip to the historical sites of Mitawali, Padavali and Bateshwar. The students were instructed on the architectural importance of these monuments, which are under the care of the Archaeological Survey of India.

Bateshwar has 200 sandstone Hindu temples dedicated to Shiva, Vishnu and Shakti that were built between 8th and 10th century AD. Padavali is the ruin of a fortress built in the 14th century by the Jat Rana rulers of Gohad and Dholpur.

Mitawali is a Shiva temple situated on a hillock and noted for its architectural features. The Indian Parliament House is believed to have been inspired by its design. This informative excursion exposed the students to India's rich historic heritage and the crucial need to preserve it.

## Empowering the teachers

### IPSC Teacher's Conclave ✓

PPS Nabha took the initiative to organize the first IPSC teacher's conclave, from 2nd November to 4th November 2019. It was attended by Vice Principal, Ms. Naina Dhillon, and other faculty members like Medha Gupta, Ancy Joseph and Shivangi Sahay. Teachers from various schools were enlightened by well-known educators of the country on the topic 'Cautious Collaboration of Technology in Restructuring Education'.

The keynote speakers included Mr. Rakshit Tandon, Dr Ashok Pandey, Mr Vikramjit S Rooprai, Dr Sarvesh Naidu, Mr Arjit Ghosh and Ms Nisha Bhakar. Ms. Jyotsna Brar summarized the two-day program by quoting Dr. Ashok Pandey, Director Achlon Group of Schools, saying, "we need to unlearn many things to relearn many new things".



### Report on XSEED e-training ✓

On 30th November 2019, nine teachers attended an XSEED e-training video conference in the school. The topic was "Building Writing Skills". It was an interactive event where research based writing strategies were discussed that could be utilized across all grades and subjects. These strategies would enable teachers to encourage students to write daily, which would, in turn, ensure success in their studies.

The strategies discussed were: 1. Prewriting- Brainstorming and organizing ideas; 2. Drafting- writing rough drafts; 3. Revising- making changes to improve writing; 4. Editing- proof reading one's work; 5. Publishing- presenting the final copy.



## Garnering recognition



Ms Richa Pandey, SKV class of 2003, won the Mrs India Iconic national pageant that represents women of substance, beauty and power. She participated with 20 other contestant chosen from various parts of India. Her next step will be to represent India in the upcoming Mrs Universe Pageant.

*Congratulations and best wishes to Richa!*



Radhika Sharma, SKV Class of 2014, received the University Gold Medal for securing the highest aggregate in Bachelor of Business Administration + Bachelor of Law from Hon'ble Governor of Odisha, Shri Ganeshi Lal Ji, and Hon'ble Union Minister, Shri Nitin Gadkari ji, at Shiksha 'O' Anusandhan (deemed) University Bhubaneswar, Odisha. Radhika is now pursuing LL.M from National Law University, Odisha. She plans to join the academia while preparing for civil services.

*Congratulations and best wishes to Radhika!*



#Alumni

## Our Legacy- Community outreach program

### **Sankalp for Sahayikas** ✓

As a part of SKV's Community Outreach Program, sanitary napkins manufactured by the students of the school, at the SANKALP manufacturing unit on the campus, were distributed to the 'sahayikas'. The sponsorship for one year's supply of sanitary napkins for 'bajjis' came from the staff members, alumni, students and parents.

The sahayikas were given a month's supply with coupons for the next month.



### **YPS - IPSC Service project 2019, Patiala**

Six Students of SKV accompanied by Ms. Mridhula Sekhar embarked on a YPS IPSC service project to a school in Hassanpur, a small village in Haryana. The students lent their support by painting the walls of the school, creating a playground, planting a kitchen garden, cleaning the classrooms and making charts to decorate the walls.

It was an experience of giving one's time and talent to bring a sparkle and smile to the faces of the children and teachers, who welcomed them with immense warmth and friendliness.

The work brought great satisfaction to the SKV team, as it involved not merely a physical reconstruction of a school premises, but an act of reaching out to others to rekindle their hopes, dreams and spirits.

The experience taught the students a lot about humanity and made them aware of the simple yet wholesome life of the poor, who despite their poverty, show great fortitude and love for their fellow human beings. The SKV team was touched by the graciousness that they showed them.

